

2010 TRAINING APPLICATION FORM

April to December

Tick (✓) the courses you wish to attend.

Caring for someone with a lung condition

Every Thursday 8th April to 13th May

10.00am – 12.30pm

Living with loss and change

Wednesday 14th April

10.30am – 2.30pm

Coping with anxiety

Tuesday 20th April

10.30am – 2.30pm

Assertiveness

Tuesday 4th May

10.30am – 2.30pm

Caring for someone with diabetes

Every Tuesday 11th May to 15th June

10.00am – 12.30pm

Continence and catheter care

Wednesday 12th May

10.00am – 12.30pm

Communication & negotiation skills

Saturday 15th May

10.30am – 2.30pm

Benefits/welfare rights

Thursday 20th May

10.30am – 2.30pm

Basic first aid

Thursday 27th May

10.30am – 2.30pm

Moving and handling

Every Wednesday 2nd June – 16th June

6.30pm to 8.30pm

*Reid Kerr College, Renfrew Road, Paisley

Understanding challenging behaviour

Every Tuesday 21st September – 19th October

6.30pm – 8.30pm

Looking to the future when caring for someone with a learning disability

Every Thursday 30th September – 18th November

10.00am – 12.30pm

What follows school for children with additional needs?

Every Tuesday 26th October – 23rd November

10.00am – 12.30pm

Safer people handling

Thursday 25th November

10.30am – 2.30pm

***Montrose Care Home**

Carers rights

Friday 3rd December Carers Rights Day

10.30am – 2.30pm

Please tick (✓) if interested in possible courses below (dates to follow)

Dementia care

Managing stress

Personal care skills

Coping with strong emotions

Caring for someone after a stroke

***All training takes place at the Renfrewshire Carers Centre unless otherwise stated.**

Please tick (✓) if you need a respite service to attend this training and we will contact you

I would like to suggest you arrange a training course on

.....

The best days and times for me to attend training courses are

.....

I would like to attend the following training courses in the future but the above dates/times are not convenient

.....

.....

Name

Address

.....

Post Code.....Tel No

Email

**Please detach and return this form to: Louise Anderson,
Renfrewshire Carers Centre, Unit 55, Embroidery Mill,
Abbey Mill Business Centre, Paisley PA1 1TJ**